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A short but sweet update to start September. We're hoping the sun stays just long enough for our Open Day this Saturday!

Make sure to keep up to date with our news as we still have plenty planned for the rest of the year!

RUGBY WORLD CUP

We will be showing regular games from the 2023 Rugby World Cup in SERVE Cafe Bar.

Don't forget, our Cafe is open to members and non-members! Come and grab a drink, a bite to eat and enjoy watching some live sport here at the club.

OPEN DAY

**SATURDAY 9TH SEPTEMBER
10AM-4PM**

YOUR CHANCE TO TRY SOMETHING NEW!

CLASS TASTERS

**OUTDOOR
BOOTCAMP**

11AM

YOGA

12PM

1PM

PILATES

12:30PM

1:30PM

CLASSES WILL LAST ~30MINUTES WITH NO NEED TO BOOK

OPEN GYM

**GYM FACILITY WILL BE OPEN TO
ANYONE AGED 14 AND OVER.**

(THOSE AGED 14-16 MUST BE ACCOMPANIED
BY AN ADULT)

TENNIS PADEL SQUASH

**RACKETS FACILITIES WILL BE OPEN
TO ALL AGES AND ABILITIES**

NO EQUIPMENT REQUIRED AND COACHES WILL
BE ON HAND RUNNING SESSIONS THROUGHOUT

FOOD & FAMILY FUN

ENJOY BURGERS, BEERS AND MORE
FROM SERVE CAFE BAR

INFLATABLES SET UP TO TOP OFF THE
FAMILY FUN

**UPGRADE OR JOIN ON THE DAY TO
RECEIVE THE REST OF SEPTEMBER
FOR FREE!**



SEPTEMBER 2023

SERVE

SPECTACULAR



QUIZ NIGHTS

ARE BACK

SUNDAY 24TH SEPTEMBER

£3 PER PERSON 5PM START

EVERYONE WELCOME

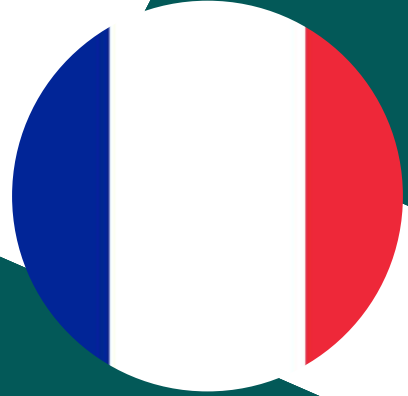
LAST SUNDAY OF EVERY MONTH

JUKEBOX LIVE

**WE WILL BE CONTINUING TO BRING
YOU LIVE MUSIC FROM DOM SKY**

**FIRST THURSDAY
OF EVERY
MONTH
FROM 7PM**

**25% OFF
DRINKS**



VS

DAVIS CUP PRIZE DRAW

WIN A PAIR OF FREE TICKETS!

SUNDAY 17TH SEPTEMBER

AO ARENA, MANCHESTER
MATCHES START FROM 1PM

2 X TICKETS COURTESY OF
VICTORIA MALAGA



TO ENTER

FILL OUT THE ENTRY FORMS FROM THE LETTERBOX

WINNER PICKED 11AM FRIDAY 8TH, MUST BE AVAILABLE
FOR SUNDAY 17TH SEPTEMBER.