

AUGUST 2023

ILTSC

ILKLEY LAWN TENNIS & SQUASH CLUB



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And just like that we're already into August! We hope that lots of you are enjoying the summer holidays and are having a well earned rest. We're still hoping that some sunshine comes our way soon!

There's still lots to look forward to the rest of this year which we encourage plenty of you to get involved in!

BONFIRE NIGHT
SAVE THE DATE
FRIDAY 3RD NOVEMBER
FIREWORK & MUSICAL
EXTRAVAGANZA

VOLUNTEERS REQUIRED!

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SIMON'S RETIREMENT

As many of you will be aware, Head Coach Simon Ickringill will be retiring at the end of August after a legendary 42 years here at the club!

Everyone is welcome to join us for his retirement do on **Sunday 27th August** to wish him a fond farewell!

There will be live music and an Indian Buffet from Peacocks up in the **Cafe Bar from 2pm**.

We will be starting a secret collection to put towards a retirement gift for Simon. If you would like to make a cash donation, please discreetly hand it to Zoe before the 21st August.



AUGUST 2023

ILTSC OPEN DAY



**SATURDAY 9TH
SEPTEMBER
10AM - 4PM**

**OPEN TO
EVERYONE**

TRY OUT OUR FACILITIES WITH OUR TASTER SESSIONS

TENNIS - SQUASH - PADEL - GYM CLASSES

**ENJOY BURGERS, BEERS AND MORE FROM
SERVE CAFE BAR**

**INVITE & ENCOURAGE YOUR FRIENDS AND FAMILY TO
COME DOWN! MORE DETAILS COMING SOON!**



AUGUST 2023

SERVE

SPECTACULAR

JUKEBOX LIVE

ENJOY LIVE MUSIC BY DOM SKY

FIRST

THURSDAY EVERY MONTH

STARTING SEPTEMBER 7TH

QUIZ NIGHTS

RETURN

SUNDAY 24TH

SEPTEMBER

5PM START

£3 PER PERSON

LAST SUNDAY
OF EVERY
MONTH

STARTING SEPTEMBER

AUGUST 2023

FITNESS FOCUS

NEW SPIN BIKES HAVE ARRIVED

WE'VE HAD GREAT FEEDBACK
SO FAR. BOOK YOUR CLASS
TODAY TO GIVE THEM A TRY!

NEW FITNESS CLASSES COMING SOON

THAT'S RIGHT...OUR CLASS TIMETABLE IS ABOUT TO GET EVEN BIGGER!



STEP OUTSIDE OF YOUR
COMFORT ZONE...BRAVE OUR

OUTDOOR BOOTCAMP

TEST YOUR STRENGTH, STAMINA AND
RESILIENCE COME RAIN OR SHINE

LEVEL UP YOUR WORKOUTS WITH

LIFT

WEIGHTS BASED EXERCISE CLASS WITH THE
SOLE INTENTION OF MAKING YOU STRONGER



KEEP YOUR EYES PEELED FOR MORE DETAILS COMING SOON!

AUGUST 2023

TENNIS

JUNIOR COACHING PROGRAMME

OUT FOR SUMMER

A reminder that our coaching programme has now finished for summer.

Coaching will restart w/c September 4th.

We still have space for new juniors on our coaching programme! If you would like to know more details, please email our Head of Rackets Tom Loughton: tom@iltsc.co.uk

WELL DONE!

To all of our members who have been competing in the Ilkley Open!

We've seen some fantastic tennis throughout the week.



Plus a shout out to Andy Hutchinson who represented Great Britain in Brussels 3 weeks ago at the Columbus Cup.

The team secured a bronze medal after beating France in the 3rd/4th play off!



AUGUST 2023

PADEL



**CALLING ALL
PADEL PLAYERS...
NEW TO PADEL?**

YET TO GIVE IT A GO?

WANT TO PLAY MORE?

WE WANT TO HEAR FROM YOU!

We're pleased to say that we have seen our Padel court getting a lot busier over the last few weeks!

We would love to know what you've been enjoying about Padel and hopefully encourage even more of you to get involved!

We kindly ask that you take 5 minutes to fill out the feedback form below to let us know what you have been enjoying and what you would like to see more of on our Padel programme.



AUGUST 2023

SQUASH **& RACKETBALL**

NEW INTERIM SQUASH CHAIR



We would like to welcome Jack Garratt, now acting as our interim Chair of Squash & Racketball. Full of enthusiasm, Jack already has lots of ideas to bring even more to our current programme!

WHY NOT JOIN IN OUR SQUASH OR RACKETBALL SOCIALS! WEDNESDAY MORNINGS AND THURSDAY EVENINGS...BOOK VIA YOUR CLUBSOLUTION LOGIN

KEEP UP TO DATE WITH WHAT'S ON AT THE CLUB!

FOLLOW US ON INSTAGRAM AND FACEBOOK



@iltsc_ltd

